

BETTER CARE HOME HEALTH'S SPECIALTY PROGRAMS  
318-473-4676

# LOW VISION REHABILITATION PROGRAM

## For Your Patients With Vision Impairment, Including:

- Age-Related Macular Degeneration (AMD)
- Central Retinal Vein Occlusion (CRVO)
- Retinitis, Pigmentosa, Corneal Damage, Stroke, Atherosclerosis, Temporal Arteritis, Trauma, and Tumors
- Glaucoma
- Diabetic Retinopathy

Low Vision Rehabilitation is the focus on treatment and education that helps individuals who are visually impaired attain maximum function, a sense of well being, a personally satisfying level of independence and optimum quality of life. Better Care Home Health can educate people with low vision to continue living in their own homes and complete daily tasks, such as showering, dressing, cooking, grocery shopping, finances and getting around in the community.

## Services Include, but are not limited to:

- Evaluate a person's environment at work and at home to determine how it can be altered to make the most out of a person's remaining vision.
- Help a person identify items used every day that need to "stand out" (provide a contrast) by marking them with bright colors so they can be easily found.
- Increase lighting so objects can be seen easily. In addition to providing extra light to items, occupational therapists also can identify areas that could be dangerous if not well lit, such as stairwells, kitchens, and spaces with area rugs.
- Reduce clutter in rooms to increase safety by removing items from countertops, tabletops, and floors.
- Educate a person on how to compensate for vision loss by using other senses, such as touch, hearing, and smell.
- Recommend and train a person to use assistive devices that can aid in completing daily activities, such as magnifiers, audio equipment, and voice-activated computers.
- Evaluate a person's ability to drive and determine whether a person with low vision can adjust his or her driving so that he or she can continue to get around safely or should develop alternative ways to get around.
- Educate friends and family about the person's visual ability, how they can help in adapting his or her home to keep it safe and functional in addition to education for the family on community resources available to the visually impaired to include: talking books, audio reader services, meals on wheels and centers for the blind.

## CONTACT INFORMATION



*"We Treat You Like Family"*



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