

BETTER CARE HOME HEALTH'S SPECIALTY PROGRAMS

318-473-4676

# ENDOCRINE PROGRAM

Type 1 & Type 2 Diabetes • Diabetic Neuropathy

## Program Goals:

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| <b>Disease</b>       | <ul style="list-style-type: none"> <li>• Instruct patient on pathophysiology of disease, diet, exercise &amp; use of meds.</li> <li>• Assess vital signs, any post operative complications, reaction to meds &amp; activity and notification of changes in patient condition through regular skilled visits.</li> <li>• Educate patient/caregiver on managing signs and symptoms of hypo/hyperglycemia.</li> <li>• Instruct patient on how to use blood glucose monitoring equipment.</li> <li>• Educate patient/caregiver on importance of maintaining a blood glucose log and levels that need to be reported to their doctor or nurse.</li> <li>• Assess the patient's skin integrity for signs and symptoms of diabetic ulcers.</li> </ul> |
| <b>Medication</b>    | <ul style="list-style-type: none"> <li>• Create a medication profile worksheet.</li> <li>• Instruct on side effects of medication.</li> <li>• Review all medication for contraindications and interactions.</li> <li>• Customize a realistic medication schedule.</li> <li>• Instruct in proper technique for insulin administration. Emphasize site rotation &amp; cleanliness prior to discharge.</li> </ul>   |
| <b>Safety</b>        | <ul style="list-style-type: none"> <li>• Assess home environment.</li> <li>• Coordination of care with respect to DME, Private Duty, Social Services, etc.</li> <li>• Instruct on foot care. Make recommendation for DPM.</li> <li>• Instruct on prevention of renal and dental problems.</li> <li>• Instruct on proper vision care and regular follow ups/check ups with Ophthalmologist.</li> <li>• Low-vision rehabilitation: For those patients diagnosed with low vision impairment, our Occupational Therapist will help develop a program to assist the patient become independent with necessary activities of daily living.</li> <li>• Teach patient/caregiver the proper discard of biomedical waste.</li> </ul>                     |
| <b>Psycho/Social</b> | <ul style="list-style-type: none"> <li>• Assess patient's attitude about managing disease.</li> <li>• Instruct on coping skills to manage disease process and maintain compliance.</li> <li>• Assess the response to treatment/intervention.</li> </ul>  |
| <b>Community</b>     | <ul style="list-style-type: none"> <li>• Describe how and where supplies can be obtained.</li> <li>• Coordinate contact with support groups if necessary.</li> <li>• Describe importance of seeing PCP and other healthcare providers regularly.</li> </ul>  |

## CONTACT INFORMATION



*"We Treat You Like Family"*



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